

Path to Peace: Inclusive Binge Eating Care



A Virtual Treatment Program for Those Healing from Binge Eating

At Center for Discovery, we know spaces that foster safety and vulnerability can have a positive impact on healing from an eating disorder. That is why we created an inclusive and accessible virtual program community for individuals who struggle with eating disorders that involve binge eating: Path to Peace.

Path to Peace is uniquely designed to honor the nuances of bingeing, the deceptiveness of diet culture and the wisdom in how patients cope.

Why Path to Peace Is Unique

- Accessible evening hours of 5:30-8:30 PM
- Affinity groups that honor unique lived experiences
- Patient-selected groups, flexible hours and personalized scheduling of programs
- Unique curriculum in which groups are designed to focus on the nuances of bingeing



Path to Peace Locations & Care Options

Path to Peace is currently available in 6 states: California, Connecticut, Florida, Illinois, New Jersey, Texas & Washington. There are 3 ways patients can access binge eating care:

- **National Path to Peace Group**

- a. For all CFD outpatient (OP) patients needing binge eating support, in any state
- b. 1-hour groups Mon.-Thu.

- **Virtual Path to Peace Program**

- a. For CFD partial hospitalization (PHP) and intensive outpatient (IOP) patients
- b. Serving adults with BED (binge eating disorder), or bulimia nervosa (BN) and other specified feeding and eating disorders (OSFED)

- **Hybrid Path to Peace Program**

- a. For CFD PHP patients wanting in-person and virtual support (only on a case-by-case basis)
- b. Serving adults with BED, or BN and OSFED

Core Values of Binge Eating Care



Patient-lived
experience



Community
healing



Accessibility



Gender
affirmative care



Health at
Every Size®



Shame
resiliency



Trauma-informed
nutrition care



Community
support



Alumni
support

We Accept Most Major Insurance Policies

Center for Discovery is a preferred provider with most major insurance companies. Our team of experienced insurance verification specialists will confirm what level of care is covered by your policy and determine any out-of-pocket costs you may incur.

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"I was surprised how fast I felt heard and supported as soon as I shared about what was going on with me."

– Path to Peace alumni



Center for
DISCOVERY
Eating Disorder Treatment

Learn more about our program:
CenterforDiscovery.com/Path-to-Peace

