

# DISCOVERY

---

## Behavioral Health

### Access Your Best Life™

Eating Disorder | Substance Use | Mental Health | Psychiatry  
Transcranial Magnetic Stimulation (TMS) | Ketamine |  
Residential | Partial Hospitalization | Intensive Outpatient



Opening Doors to Better Behavioral Healthcare

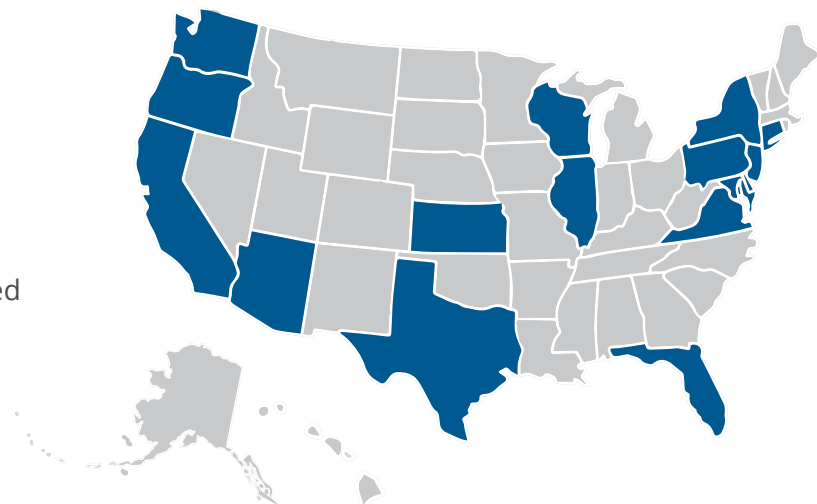
At Discovery Behavioral Health (DBH), we believe a happy, rewarding life is everyone’s right. That’s why we make eating, mental health and substance use disorder treatment accessible and affordable. With hundreds of locations nationwide and virtual programming, we connect people, professionals and payors through comprehensive, evidence-based care. And it doesn’t end at discharge. All programs include aftercare, support groups for patients and their families, and more – for life.

160+ Locations  
Across the U.S.

4,000 Patients  
We Serve Daily

10+ Brands Dedicated  
to Behavioral Health

3,000+ Employees  
Making a Difference



A Holistic Approach to Care

At DBH, we know every patient’s journey to healing is unique. We offer a variety of evidence-based, holistic and interventional treatments, along with specialized services. (Note: treatments and services vary per location.)

- One-on-one talk therapy, small group therapy, family therapy
- Dialectical behavior therapy (DBT), cognitive behavioral therapy (CBT), acceptance & commitment therapy (ACT), Somatic Experiencing®, med management
- Detox, residential (RTC), partial hospitalization (PHP), intensive outpatient (IOP), sober living
- Stages of Change
- 12-step programming
- TMS, ketamine and esketamine therapies
- Mindful meditation, yoga, art therapy, equine therapy, music therapy, sound baths,
- Stars & Stripes for veterans, active military, first responders
- Gender-affirmative care, school programming, professional-specific programming

Insurance

Access to care means being connected with several insurance providers. We are in network with most major payors.

Discovery for Life™

At DBH, patients are never alone. After treatment, patients automatically have Discovery for Life – free support that’s with you for a lifetime. It starts with Discovery 365™, a 16-point interactive assessment and check-in program for one year after discharge.

Our Family of Brands

Eating Disorder Division



- 50+ locations nationwide
- Serving adolescents and adults
- RTC, PHP, IOP

Mental Health Division



- 35+ locations nationwide
- Serving adolescents and adults
- RTC, PHP, IOP

Substance Use Division



- Pocono Mountains, PA
- Serving adults
- Detox, RTC



- Del Mar & West LA, CA
- Serving adults
- RTC, PHP, IOP, TMS



- Malibu, CA
- Serving adults
- Detox, RTC, IOP, sober living



- Manor, TX
- Serving adults (male only)
- Detox, RTC



- Houston, TX
- Serving adolescents and adults
- Detox, RTC, PHP, IOP



- Medford, NJ
- Serving adults
- Detox, RTC



- Tacoma, WA
- Serving adults
- RTC, IOP

Professional Psychiatric Services



- CA & TX
- Serving adults
- IOP, TMS



- Prairie Village, KS
- Serving adults
- IOP, TMS, ketamine, esketamine



## Paving a Road to Lifelong Recovery

Treatment at one of our centers is just the beginning. On the day of discharge, our patients report dramatic changes in their lives and their outlook for the future:



### Substance Use Outcomes<sup>1</sup>

- 100% are hopeful about the future
- 99% believe they have a purpose in life
- 99% believe they can meet their personal goals



### Mental Health Outcomes<sup>2</sup>

- 95% know how to control their symptoms
- 96% believe they can handle what happens in life
- 97% feel hopeful about the future



### Eating Disorder Outcomes<sup>3</sup>

- 97% are hopeful about the future
- 97% believe they have a purpose in life
- 99% believe they can meet their personal goals



## Get In Touch Today

Contact us to schedule a tour of one of our centers, verify insurance or ask questions about our DBH programs.



**DiscoveryBehavioralHealth.com**  
**1-844-866-7129**

**DISCOVERY**  
Behavioral Health