



Lasting Recovery Begins with Discovery

Discovery Mood & Anxiety Program

Mental Health Treatment for Adolescents and Adults

Now Accepting Clients for Enrollment

- Residential Treatment
- Partial Hospitalization
- Intensive Outpatient

Age-Specific, Gender Inclusive Programs

We offer gender-inclusive and gender specific treatment with separate programming for adolescents and adults.

Specialized Treatment

Personalized, evidence-based treatment for mental health including anxiety, depression, bipolar disorder, trauma, self-harm, and adoption or attachment issues.

Distinctly Separate Programs for Substance Abuse and Mental Health

Many programs combine individuals dealing with substance abuse issue with those dealing with purely mental health issues - we keep these populations completely separated. Additionally, our outpatient programs are exclusively dedicated to mental health treatment.

Academics

Through treatment and an educational liaison, we prepare our adolescents for success in the classroom and often support clients regain lost academic momentum.

Experiential Programs

Several experiential activities including creative art expression, music and meditation, and trauma-informed yoga are utilized to provide a comprehensive treatment experience.

Family Centered Programs

The family and support system are an integral part of the treatment team. We honor the family and support system as experts on their loved one while providing support and clinical guidance to them throughout the recovery process.

Medication Management

Medication management by board-certified psychiatrists, including individual sessions, medication education, psychopharmacology groups, and collaboration with families and outpatient providers.

Ongoing Support

Clients and families can access online resources, free weekly support groups, an extensive referral network, and aftercare support.

Discovery is an in-network provider



with all major insurance companies and provides complimentary insurance verification and free, confidential assessments.

For a free, confidential assessment, **call 855-972-8040** or visit us at **www.discoverymood.com**



More Access, Better Outcomes

At Discovery Mood & Anxiety, we offer Residential Treatment, Partial Hospitalization, and Intensive Outpatient Treatment. Our mental health treatment centers stretch across the country, line the Pacific and Atlantic Coasts, and dot the Midwest and Southeast. Each program has a dedicated treatment team that produces favorable long-term outcomes through customized experiences for each client and their support system. Through evidence-based treatment interventions, we make change accessible and possible. Our nationwide footprint of mental health programs underscores our commitment to long-term recovery.



DiscoveryMood.com | 855-972-8040

